

# Adjusta-Bear Implementation

PREMIER PATIENT COMMUNICATION MATERIALS

**BACK Talk**  
SYSTEMS INC

14998 W. 6th Avenue, E-500  
Golden, CO 80401  
(800) 937-3113 (303) 277-9990  
[www.backtalksystems.com](http://www.backtalksystems.com)

*Note: Due to recent brochure revisions,  
minor differences in content may exist.  
Actual product samples are available for  
your review when you call Back Talk  
Systems toll free (800) 937-3113.*

Uses:

Pediatric Reports  
Patient Education  
Lay Lectures  
Health Fairs  
Screenings  
School Demonstrations

What to Say and Do:

Have the child or patient feel the back of the bear for the little bumps that make up it's spine. Tell them that that's the same thing that you are looking for when you feel their spine.

Then place your thumbs, fingers or pisaform over the bumps on the bear's back and compress down until the clicker releases making the popping sound. Again explain that this is what they may hear when you adjust their back. (Correlate this to your specific technique.)

Have the child or patient do the same. This exercise helps relieve patients concerns over the popping sound during the adjustment.